

The Reflective Genius

Contact the Minirth Clinic at 927-669-1733 to order The Reflective Genius, the most comprehensive book on the physiology, psychology, and theology of OCD ever written.

Overcoming Obsessive Worry – The Secret Disease

By

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- Introduction
- Bible verses
 - Matthew 6:34 – Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.
 - Philippians 4:6-8 – Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.
 - I Peter 5:7 – Casting all your care upon him; for he careth for you.
- OCD (Obsessive Compulsive Disorder) incidence
 - OCD types
 - OCD and worry
 - OCD and depression
 - OCD and suicide
 - OCD and other comorbidities (ADHD, Bipolar disorder, Asperger's disorder)
 - OCD and theology
 - Mark 9
 - I John 3
 - I John 1
 - OCD and brain structure
 - A behavior technique and OCD
- OCD and the SSRI's
- Conclusion
- Bible verses
 - Matthew 6:34
 - Philippians 4:6-8
 - I Peter 5:7
 - Mark 9
 - I John 3
 - I John 1

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